

Downey High School

Online Athletic Clearance Directions

Process to obtain athletic clearance:

1. Go to athleticclearance.com
2. Register your athlete for an account
 - a. First name
 - b. Last name
 - c. Username (email)
 - d. Password

***Once you register a link will be sent to the email you registered with, check that email address and follow the link on the email to continue.
3. Log in, click “New Clearance”
 - a. Choose the current school year
 - b. Choose School “Downey High”
 - c. Choose sport
4. Follow steps 1-4
 - a. Step 1: Student info
 - b. Step 2: Medical History
 - c. Step 3: Parent Information
 - d. Step 4: Signatures. The signatures that you need to complete are for the following:
 - i. CIF-SS Code of Ethics
 - ii. Code of Conduct – Parent
 - iii. Code of Conduct – Student
 - iv. Concussion Awareness Form
 - v. Downey High School Extracurricular Code of Conduct
 - vi. Statement of Consent
 - vii. Sudden Cardiac Arrest Parent-Student Awareness Form
 - e. Step 5: Please ignore this step as we are not using this format to accept donations
5. Complete a physical form (available on school website under athletics drop down menu or on athleticclearance.com) and upload onto the Athletic Clearance website.
 - Find and click on “Choose File” Button next to upload Physical Form prompt
 - Add your file from your device (computer, tablet, phone)
 - Once file shows next to choose file button, scroll down to “upload forms” button and click.
 - Click Save at the bottom of the page before you log out.
 - **Please keep the original copy for your records. Physicals will no longer be accepted at the Book Keepers window.**